

**Abstract title** Health resilience and people-centred health systems in times of economic crises - from concepts to evidence

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**Presentation type** Participatory Session

**Field-building dimension and research topic** Cutting-Edge Research

**Sub-Theme** (F) Complexity Science And People-Centred Systems

### **Abstract document**

This participatory session offers a new approach to the role of health systems in protecting vulnerable populations, asking not, as is usual, who is suffering in hard times but who, despite adversity, is surviving and, in some cases, thriving? This turns much research on inequalities on its head. Yet, in settings where health care often fails individuals, it can provide important insights into conditions for people-centred health systems.

We begin with the findings of a recent systematic review of the application of resilience in health and health systems research globally, placing this in a historical context (e.g. early work on salutogenesis). We then explore, by means of case studies, the determinants of resilience during times of economic crisis/shocks, looking at experiences in high and middle-income countries (the European Union and the Russian Federation). We will then move up a level to explore the features of a health and social security system that is resilient in the face of external challenges (including state fragility and armed conflict) and which promotes resilience in its users. We believe that, although the concept of health resilience is often poorly researched, those working on health system issues with vulnerable and marginalised populations may find that it offers a new perspective on their work. Consequently, we particularly encourage them to attend this seminar, along with those working specifically on resilience. The interactive discussion will encourage them to share experiences and ideas related to resilience, health and health systems.

The session comprises of a series of brief introductory presentations to set the scene, followed by a moderated interactive debate between the presenters and the audience in one of the most relevant issues in public health globally.

The breakdown of the session

1. Introduction by the chair (2 mins)
2. The concept of resilience, its use in research and relevance for people-centred health system, Ms. Ketevan Glonti (LSHTM)(12 mins)
3. Health and resilience. Lessons from the Russian Federation, Dr. Vladimir S. Gordeev (LSHTM) (12 mins)
4. Resilience of individuals, communities, and societies to economic shocks in the EU, Dr. Tim Huijts (University of Oxford) (12 mins)
5. Resilient health and social security systems - what can be done? Dr. Karl Blanchet (LSHTM) (12 mins)
6. Moderated discussion based on comments and questions from the audience, as well as selected tweets (twitter: #healthresilience), viewpoints and responses from session contributors (40 mins)